

HOLY WEEK

During Holy Week, we celebrate the Paschal Mystery of salvation won for us by Christ. We follow Christ's every footstep from triumph to tragedy.

But, when all seems lost, all is about to begin.

PALM SUNDAY OF THE PASSION OF THE LORD

This day joins Christ's regal triumph with Calvary. It is not a role play, but a profession of faith proclaiming that, through his death, Jesus is glorified.

THE CHRISM MASS

Wednesday at noon in Plymouth Cathedral

At this Mass, all priests serving the Diocese renew their priestly promises and oils are blessed and taken back to every Parish to be used at significant moments in people's lives.

THE SACRED PASCHAL TRIDUUM

The celebration of the passion death and resurrection of the Lord.

It is a single liturgy in three parts: the culmination of the entire liturgical year.

We celebrate Christ, servant and saviour.

Dying he destroyed our death. Rising he restored our life.

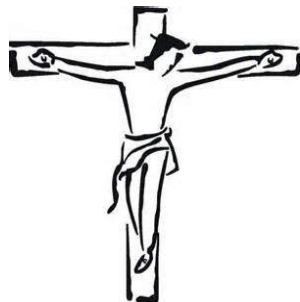
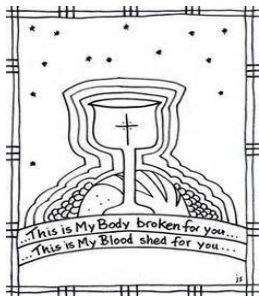
COME TO ALL THREE PARTS.

EVENING MASS OF THE LORD'S SUPPER

Thursday 17th April at 8pm

CELEBRATION OF THE LORD'S PASSION

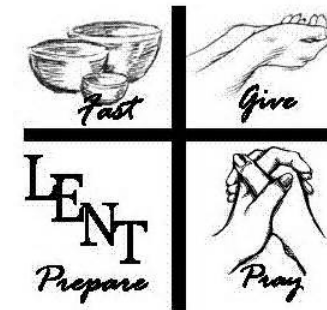
Friday 18th April at 3.00pm



HOLY FAMILY PARISH

This calendar contains just some of the ways we can support each other as a parish community on our Lenten journey.

Further details of these, and other opportunities, will be in our newsletter, so remember to take a copy each week.



Lent is a time to draw closer to the Lord

This Season is an opportunity to spend more time with God. To reflect on our lives and on our relationship with God and our neighbour. To repent on the things we have done wrong, and rejoice that it is never too late to change.

Lent is a time for action

What things can we do without, what things do we need to take up? What in our lives do we need to change? The 'Lenten works' of prayer; fasting and almsgiving (Matthew 6:1-18) are some good starting points.

Lent is a journey

Over 40 days we travel, and Jesus travels with us, until we reach Holy Week - the 'Great Week' - and a final journey with Jesus to Calvary. Then we wait, until we arrive at the 'Night of all Nights'.

SUNDAY MASS

Mass is the source and summit of our faith. Each Sunday we journey with Jesus through his temptations; transfiguration and teachings, before we eventually arrive in Jerusalem. Attending weekday Masses brings even more graces and deepens our faith, so why not make attending a weekday Mass (or two) a Lenten resolution.

RECONCILIATION (CONFESSION)

The Sacrament where we receive forgiveness from God and are freed from our sins. It is a Sacrament of healing. Confessions are heard before every Mass and at other additional times throughout Lent.

PRAYER, DEVOTIONS & LITURGIES

There will have regular opportunities to spend time with the Lord including time for private prayer, Exposition and Stations of the Cross.

PARISH LENT COURSE

Explore Lent with others through Scripture and the Documents of Vatican II.

CAFOD FAST DAY

This years Fast day is on Friday 14th March with envelopes available the weekend before if you also wish to make a donation.

CHURCHES TOGETHER

Lent is a good time to join our sisters and brothers from other denominations in prayer, study and witness. These include...

Saturdays 12noon: Lent Lunches in Churches around Penzance.

Walks of Witness on Good Friday in Hayle and Penzance.

OPPORTUNITIES FURTHER AFIELD

There are many in-person and on-line events during Lent. Here are two Diocesan initiatives. For details, see our newsletter.

Sat March 15th: Lenten Retreat at St Rita's, Honiton.

WHAT WILL YOU DO THIS LENT?

MONDAYS

Penzance: 9.30-11.30am Church open for private prayer.

10am Mass.

10.30am or 6pm Lent Course.

TUESDAYS

Hayle: 10am Mass

WEDNESDAYS

St Ives: 9.30-10.30am Holy Hour including Mass; Adoration and Stations.

THURSDAYS

Penzance: 9.30-11.30am Church open for private prayer.

10-11am Holy Hour including Mass; Adoration and Stations.

FRIDAYS

Penzance: 10am Mass

Hayle: 10am Stations

WEEKENDS

Masses: Every Saturday 5pm at Penzance and 6.30pm at Hayle.

Every Sunday 9am at St Ives and 11am at Penzance.

Sun 9th March 3pm at Penzance: Holy Hour. Exposition & Benediction

Sun 16th March 6pm at Penzance: Choral Evening Prayer

Sun 23rd March 3pm at Hayle: Holy Hour. Exposition & Confessions

Sat 29th March 9am-5pm at Penzance: Jubilee Day with the Lord

Sat 5th April 11-12noon at St Ives: Holy Hour. Exposition & Confessions